



SEPTEMBER 2025

# Archdiocese of New York Child Nutrition Program Pre-K – 8th

Monday



Assorted Low Sugar  
Cereal w/Cheese Stick  
1/2 cup 100% Fruit Juice  
1/2 cup Assorted Fruit  
Choice of Milk

8

Assorted Low Sugar  
Cereal w/Cheese Stick  
1/2 cup 100% Fruit Juice  
1/2 cup Assorted Fruit  
Choice of Milk

15

Assorted Low Sugar  
Cereal w/Cheese Stick  
1/2 cup 100% Fruit Juice  
1/2 cup Assorted Fruit  
Choice of Milk

22

Assorted Low Sugar  
Cereal w/Cheese Stick  
1/2 cup 100% Fruit Juice  
1/2 cup Assorted Fruit  
Choice of Milk

29

Tuesday



French Toast Sticks  
& Syrup  
1/2 cup 100% Fruit Juice  
1/2 cup Assorted Fruit  
Choice of Milk

9

Pancakes  
& Syrup  
1/2 cup 100% Fruit Juice  
1/2 cup Assorted Fruit  
Choice of Milk

16

Waffles  
& Syrup  
1/2 cup 100% Fruit Juice  
1/2 cup Assorted Fruit  
Choice of Milk

23

French Toast Sticks  
& Syrup  
1/2 cup 100% Fruit Juice  
1/2 cup Assorted Fruit  
Choice of Milk

30

Wednesday



Assorted  
Blueberry Muffin Loaves  
1/2 cup 100% Fruit Juice  
1/2 cup Assorted Fruit  
Choice of Milk

10

Pillsbury Breakfast  
Cinnamon Rolls  
1/2 cup 100% Fruit Juice  
1/2 cup Assorted Fruit  
Choice of Milk

17

Egg & Melted Cheese  
Breakfast Sandwich  
1/2 cup 100% Fruit Juice  
1/2 cup Assorted Fruit  
Choice of Milk

24

Thursday

Assorted Low Sugar  
Cereal w/Cheese Stick  
1/2 cup 100% Fruit Juice  
1/2 cup Assorted Fruit  
Choice of Milk

4

Chicken Sausage  
Pancake Sandwich  
1/2 cup 100% Fruit Juice  
Assorted Fruit, 1/2 cup  
Choice of Milk

11

Turkey Sausage  
Bagel Pizza  
1/2 cup 100% Fruit Juice  
Assorted Fruit, 1/2 cup  
Choice of Milk

18

Pillsbury Breakfast  
Cinnamon or Strawberry  
Bagel  
1/2 cup 100% Fruit Juice  
1/2 cup Assorted Fruit  
Choice of Milk

25

Friday

Assorted  
Corn Muffin Loaves  
1/2 cup 100% Fruit Juice  
1/2 cup Assorted Fruit  
Choice of Milk

5

K-8 Yogurt & Granola  
UPK-Yogurt & Cereal  
1/2 cup 100% Fruit Juice  
1/2 cup Assorted Fruit  
Choice of Milk

12

Assorted  
Banana Muffin Loaves  
1/2 cup 100% Fruit Juice  
1/2 cup Assorted Fruit  
Choice of Milk

19

K-8 Yogurt & Granola  
UPK-Yogurt & Cereal  
1/2 cup 100% Fruit Juice  
1/2 cup Assorted Fruit  
Choice of Milk

26

## Hot B.I.C Menu



**Available Daily**

### Assorted Fruit Example

**Fresh Fruit-1 Piece**

**ex (apple or orange)**

**Frozen Fruit Cup 1/2 cup**

**Prepared Fruit Cup 1/2 cup**

**Ex. (pear or applesauce)**

### Whole Grains

**All grains offered on menu  
are whole grain.**

### Choice of Milk

**1% 8 OZ**

**2% 8 OZ**

**Fat Free White-8 oz**

**This Institution is an Equal Opportunity Employer and Provider**

**Menu items are subject to change  
due to recent supply chain issues.**